**100 Meters**

We set 19 PRs on an actual electronic timing system. That is exciting stuff! Caleb gets the win and a PR! Great job

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**200 Meters**

Only 3 PRs in this event. Keenan notices the advantage of spikes to drop 1.6 seconds off his PR. We will get in better shape for this event.

**400 Meters**

3 out of 4 PRs in this event. Brody wins the event in his 1st high school competition! Great job!

**800 Meters**

20 PRs on the back half of a double event day for most competitors! That is a great way to finish your competition on a strong note! Having a 1-6 finish and taking 11 out of 12 of the top places shows our incredible depth.

**1600 Meters**

16 PRs and we welcome back Dane for his first event on a track since his 9th grade year at State! We took 10 of the top 12! Great job, guys

**110 High Hurdles**

Jarrett blows away the field again. We get 3 out of 4 PRs. Keep working! This group has so much potential

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**300 Meter Hurdles**

Jaden runs really well to start the year, but it is overshadowed by Jarrett’s injury. We hope he has a quick and healthy recovery. We get 7 out of 9 PRs!

**4x400 Relay**

Eli Quelette- 58.9

Jaxon Christensen- 59.2

Zach Stevenson- 59.7

Devean McCarty- 57.3

Awesome competitiveness among these 4! Great way to end the day with a W!

**Shot put**

4 PRs from this group. Congrats to those that did. We took a little bit of a step back here. Let’s refocus and get better this week.

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**Discus**

2 PRs in this group. We need to lock in better an compete. Don’t back down from anyone, regardless of who they are.

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**High Jump**

8 PRs for this group. We were much more competitive than we were last week. Use this as a springboard to the next few weeks!

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**Pole Vault**

Jarrett ties his PR to get the win!

**Long Jump**

3 out of 5 PRs for this group. Tre’ earns his way to the varsity meet this Friday! Congrats!

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**Triple Jump**

**NO ENTRY**

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