**Bellevue West 9th Invite**

Thursday, April 6th 2022, at Bellevue West

Conditions: Temps in the 40s, heavy wind and rain

*Pole Vault*

No Entries

*Triple Jump*

No Entry

*Long Jump*

3. Tre Johnson 17’8

15. Ryan Kimmey 15’0

 *Tre gets better as the competition goes on! We took positive steps forward today!*

*Shot Put*

7. Logan Dudley 32’8

19. Nick Pysh 28’4

 *Logan just misses the medals and a PR. We need to overcome weather and step up and make a throw. We’ll get better!*

*Discus*

10. Nick Pysh 76’8

14. Logan Dudley 67’6

 *I know it’s difficult in the wind and rain, but I think this group could be a good one! Better days are ahead*

*High Jump*

4. Tre Johnson 5’0

5. Trent Krogman 5’0

Ryan Kimmey NH

 *We let the elements and our own heads get in the way today. We are better than we performed. Have confidence in what we’ve taught you and put it together in a meet.*

*100 m Dash*

20. Carlos Franco-Abbey 12.69

26. Ryan Zhang 13.31

27. RJ Lupo 13.36

 *3 PRs from this group! Some tough competition in the 100!*

*200 m Dash*

8. Devean McCarty 25.45

19. Carlos Franco-Abbey 26.92

27. RJ Lupo 28.80

 *Devean and Carlos both run PRs! Devean just misses the medals!*

*400 m Dash*

6. Eli Quelette 59.09

24. Ryan Zhang 1:09.47

 *Eli gets a PR in the open 400, but far from his PR in the 4x400 relay. Ryan gets a PR! We need to take a chance and get out faster*

*800 m Run*

*\*Splits on back*

7. Kaden Hawkins 2:31.08

9. Micah Caverzagie 2:33.36

10. Micah Lewis 2:33.50

  *We need to TAKE A CHANCE! Go with the 1st group. We finish strong, but still out of the medals. We have so much left at the end of a race!*

*1600 m Run*

*\*Splits on back*

3. Jake Davis 5:06.94

4. John Strabala 5:07.52

5. Drew Schuler 5:13.06

 *3-5 places for Luke and Peyton and All THREE 1600m runners have a new PR! So PROUD of this group that went with the 1st pack. This is the definition of taking a chance. LOVE THIS GROUP!!*

 *3200 m Run*

1. Drew Schuler 11:32.08
2. John Strabala 11:34.43

*Nice jog in the park for these two that went 1-2. Tough run in tougher conditions!*

*110m Hurdles*

1.Matt Valenta 17.17

10. Caleb Wignall 21.45

14. Andrew Meyer 22.67

 *Matt with the WIN in a nice PR time! Caleb and Andrew both get PRs!*

*300m Hurdles*

1.Matt Valenta 44.57

7. Caleb Wignall 50.36

19. Andrew Meyer 61.16

 *Matt blows away the field with a massive PR! Caleb just misses the medals.*

1. *Relay*

3.PL South 48.62

 Tre’ Johnson

 Eli Quelette

 Caleb Wignall

 Devean McCarty

 *We were a little conservative, but we got the stick around. We’ll get better with this group!*

*1600 m Relay*

2. PL South 3:56.63

 Matt Valenta 56.0

 Eli Quelette 59.8

 Ryan Kimmey 63.5

 Devean McCarty 57.2

 *Great effort to be in the race! Matt gets a PR on his split!*

*4x800 Relay*

3. PL South 9:45.45

Jake Davis 2:20.3

Kaden Hawkins 2:23.9

Micah Lewis 2:27.8

Micah Caverzagie 2:34.1

*Good effort to get 3rd. We make it way too difficult on us. We have to take a chance and force teams to chase us and not the other way around.*

**TEAM SCORES**

 1. Gretna 144

 2. **PL South**  98

 3. Mill. West 92

 4. Papillion-Lavista 89.5

 5. Prep 56

 6. O. Burke 39

 7. Bellevue West 36

 8. Bell. East 16.5

 9. Mill. South 16

 10. Omaha Westside 11

 11. Ralston 9

 12. O. Bryan 7

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| ***800m*** |
| ***Athlete*** | ***400m*** | ***800m*** |
| ***Kaden Hawkins*** | ***75*** | ***2:31.08 (76)*** |
| ***Micah Caverzagie*** | ***75*** |  ***2:33.36******(78)*** |
| ***Micah Lewis*** | ***75*** |  ***2:33.50******(78)*** |

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| ***1600m*** |
| ***Athlete*** | ***400m*** | ***800m*** | ***1200m*** | ***1600m*** |
| ***Jake Davis*** | ***75*** | ***2:35 (80)*** | ***3:54 (79)*** | ***5:06.94 (73)*** |
| ***John Strabala*** | ***73*** | ***2:34 (81)*** | ***3:52 (78)*** | ***5:07.52*** ***(75)*** |
| ***Drew Schuler*** | ***74*** | ***2:34 (80)*** | ***3:55 (81)*** | ***5:13.06******(78)*** |

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| ***3200m*** |
| ***Athlete*** | ***400m*** | ***800m*** | ***1200m*** | ***1600m*** | ***2000m*** | ***2400m*** | ***2800m*** | ***3200m*** |
| ***Drew Schuler*** | ***81*** | ***2:50 (89)*** | ***4:21 (91)*** | ***5:49 (88)*** | ***7:18 (88)*** | ***8:46 (88)*** | ***10:13 (87)*** | ***11:32.08 (79)*** |
| ***John Strabala*** | ***81*** | ***2:50 (89)*** | ***4:21 (91)*** | ***5:49 (88)*** | ***7:18 (88)*** | ***8:47 (89)*** | ***10:14 (87)*** | ***11:34.43 (80)*** |
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