



Boys Titan Top Ten—All Class 400 Meter Dash



<u>NAME</u>	<u>TIME</u>	<u>YEAR</u>
1. Wes Williams	49.04c	2004
2. Ben Glesinger	50.16a	2016
3. Kyle Kasun	50.73a	2015
4. Robert Harris	50.95a	2016
5. Tony Nisotis	51.13a	2019
6. Jameson Allen	51.26a	2022
7. Andrew DiGiacomo	51.44a	2016
8. Paul Plowcha	51.74a	2018
9. Ryan Winkler	51.93a	2018
10. Sibit Thon	52.00a	2014

TITAN TOP TEN—BY CLASS

Senior			Junior		
<u>Name</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>Time</u>	<u>Year</u>
1. Ben Glesinger	50.16a	2016	1. Kyle Kasun	51.05a	2014
2. Kyle Kasun	50.73a	2015	2. Ben Glesinger	51.67a	2015
3. Robert Harris	50.95a	2016	3. Ryan Winkler	51.93a	2018
4. Tony Nisotis	51.13a	2019	4. Paul Plowcha	51.98a	2017
5. Andrew DiGiacomo	51.44a	2016	5. Robert Harris	52.04a	2015
6. Paul Plowcha	51.74a	2018	6. Cam Ralston	52.21a	2022
7. Sibit Thon	52.00a	2014	7. Tony Nisotis	52.25a	2018
8. A.J. Qvern	52.19a	2013	8. Brayden Kelly	52.53a	2008
9. Ryan Winkler	52.52a	2019	9. Brian Clausen	52.62a	2018
10. Dakota Miser	52.82a	2022	10. Isaac Inungaray	52.85a	2008

Sophomore			Freshman		
<u>Name</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>Time</u>	<u>Year</u>
1. Wes Williams	49.04c	2004	1. D.J. Miller	52.54c	2009
2. Jameson Allen	51.26a	2022	2. Jameson Allen	53.81a	2021
3. Kyle Kasun	52.45a	2013	3. Cael Mensah	54.86a	2021
4. Cael Mensah	52.49a	2022	4. Jackson Hogan	55.20a	2015
5. Sibit Thon	52.49a	2012	5. Dylan Donahue	55.63a	2011
6. David Fredricksen	52.74c	2007	6. Drew Klein	55.63a	2011
7. D.J. Miller	52.94c	2010	7. Devean McCarty	55.65a	2022
8. Josh Harnisch	53.14c	2007	8. Tommy Goecke	56.14c	2019
9. Chase Norblade	53.30a	2017	9. Eli Quelette	56.44a	2022
10. Jackson Hogan	53.61a	2016	10. Chase Norblade	56.44c	2016