**Bellevue West 9th Invite**

Thursday, April 6th 2023, at Bellevue West

Conditions: Temps in the 50s, sunny and windy

*Pole Vault*

7. Henry Shantz 7’0

 *We will get better with experience.*

*Triple Jump*

No Entry

*Long Jump*

7. Boe Foral 16’8

 *Boe got better as the competition went on, but had a few scratches. We need to warm up better.*

*Shot Put*

3. Ben Pawloski 38’0.5

4. Jack Deloske 35’5

13. Caleb Banks 28’8.5

 *Ben and Jack go 3-4 and Caleb sets a PR! This group has a LOT more in them. Keep working guys!*

*Discus*

1. Jack Deloske 115’1

14. Ben Pawloski 75’5

15. Caleb Banks 74’9

 *Jack sets a big PR to get the win! Caleb also gets a PR! Congratulations!*

*High Jump*

9. Braden Annin 5’2

 *Braden ties his PR and has 2 good jumps at 5’4. We’ll get there! Keep working hard!*

*100 m Dash*

1. Kamarion Green 11.86

6. Logan Arch 12.09

15. Cash Parker 12.70

 *Kamarion gets a PR and the win! Logan also gets into the medals with a PR!*

*200 m Dash*

3. Kamarion Green NT

13. Logan Arch 25.27

17. Devon Anzaldo 25.88

 *The 200 times are wrong unfortunately, but Kamarion battles to get 3rd! Devon runs smoothe to PR! Great job guys!*

*400 m Dash*

5. Kai Martin 58.02

11. Nathan Moss 59.57

 *Kai runs fantastic to run a PR and earn a medal! Nathan also runs a PR!*

*800 m Run*

*\*Splits on back*

2. Calen Spady 2:12.16

10. Thad Doble 2:24.33

12. Will Eickmeier 2:27.76

  *Calen lets the pack get away a bit, but still battles for a PR to get 2nd! Will also runs a PR!*

*1600 m Run*

*\*Splits on back*

1. Dalan Hochstein 4:46.6

7. Gabe Heath 5:26.6

12. Garrett Gehringer 5:37.2

 *Dalan runs very well to PR and get the win! His time is the 6th fastest for a freshman in school history! Gabe also PRs! Great job guys!*

 *3200 m Run*

1. Dalan Hochstein 10:49.72

*Dalan CRUISES to an easy win and a surprisingly fast time! A LOT left in the tank here!*

*110m Hurdles*

6. Michael Covrig 19.37

8. Buom Dak 20.60

9. Jazz Brooke 20.71

 *All 3 PR! Michael 4 steps his way into the medals! Keep improving guys!*

*300m Hurdles*

9. Jazz Brooke 49.41

10. Peter Valadez 49.57

13. Dorar Duar 53.29

 *Jazz and Peter run hard to get PRs! We have attack hurdles, so we don’t chop them and lose our momentum.*

1. *Relay*

2. PL South 47.30

 Cash Parker

 Kamarion Green

 Eli Israel

 Logan Arch

 *We were a little conservative, but we got the stick around. We’ll get better with this group!*

*1600 m Relay*

2. PL South 3:55.09

 Calen Spady 55.7

 Boe Foral 56.0

 Nathan Moss 61.0

 Dorar Duar 61.3

 *Great effort to get 2nd! We had our chance to win, but we all have to finish a little stronger. We’ll get better and we’ll get another crack at Millard West in a couple of weeks!*

*4x800 Relay*

2. PL South 9:29.46

Thad Doble 2:16.7

Will Eickmeier 2:19.4

Garrett Gehringer 2:25.9

Matt Hennessy 2:26.9

*Good effort to get 2nd! You all ran your guts out for your teammates. You should be proud of your effort!*



**TEAM SCORES**

 1. Millard West

 2. **PL South**

 3. Prep

 4. Millard South

 5. Gretna

 6. Bell. East

 7. Bell. West

 8. O. Burke

 9. O. Westside

 10. O. Bryan

| ***800m*** |
| --- |
| ***Athlete*** | ***200*** | ***400*** | ***600m*** | ***800m*** |
| ***Calen Spady*** | ***31*** | ***66 (35)*** | ***1:41 (35)*** | ***2:12.16 (31)*** |
| ***Thad Doble*** | ***32*** | ***68 (36)*** | ***1:47 (39)*** |  ***2:24.33******(37)*** |
| ***Will Eickmeier*** | ***34*** | ***72 (38)*** | ***1:50 (38)*** |  ***2:27.76******(37)*** |

| ***1600m*** |
| --- |
| ***Athlete*** | ***400m*** | ***800m*** | ***1200m*** | ***1600m*** |
| ***Dalan Hochstein*** | ***73*** | ***2:29 (76)*** | ***3:40 (71)*** | ***4:46.6 (66)*** |
| ***Gabe Heath*** | ***76*** | ***2:39 (83)*** | ***4:05 (86)*** | ***5:26.6*** ***(81)*** |
| ***Garrett Gehringer*** | ***81*** | ***2:49 (88)*** | ***4:17 (88)*** | ***5:37.2******(84)*** |

| ***3200m*** |
| --- |
| ***Athlete*** | ***400m*** | ***800m*** | ***1200m*** | ***1600m*** | ***2000m*** | ***2400m*** | ***2800m*** | ***3200m*** |
| ***Drew Schuler*** | ***81*** | ***2:50 (89)*** | ***4:21 (91)*** | ***5:49 (88)*** | ***7:18 (88)*** | ***8:46 (88)*** | ***10:13 (87)*** | ***11:32.08 (79)*** |
| ***John Strabala*** | ***81*** | ***2:50 (89)*** | ***4:21 (91)*** | ***5:49 (88)*** | ***7:18 (88)*** | ***8:47 (89)*** | ***10:14 (87)*** | ***11:34.43 (80)*** |
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